# AOA NEWS

U.S. Administration on Aging
Department of Health and Human Services

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# THE ADMINISTRATION ON AGING AWARDS GRANTS AND LAUNCHES PUBLIC/PRIVATE PARTNERSHIP TO SUPPORT PREVENTION PROGRAMS FOR THE ELDERLY

The Administration on Aging (AoA), part of the U.S. Department of Health and Human Services (HHS), awarded grants totaling over \$2 million as part of a public/private partnership to increase access for older people to programs that have proven to be effective in reducing the risk of disease, injury, and disability. The partnership involves a variety of federal agencies and private foundations that are coordinating their efforts to help implement evidence-based prevention programs through aging services providers at the community level. The areas of focus include disease self-management, nutrition, physical activity, falls prevention, and medication management.

"As life expectancy increases, adults over 65 have more years to benefit from prevention programs," HHS Secretary Tommy G. Thompson said. "Through this partnership, we will be helping senior centers, nutrition programs, and other community agencies make prevention a reality in the every day lives of older people," he continued.

"Aging services providers are uniquely positioned to ensure that effective prevention program are available to older people, including the under-served elderly who often need such programs the most," said Assistant Secretary for Aging Josefina G. Carbonell. "Prevention is a key component of our strategy for helping older people to remain healthy and independent."

The initiative uses the results from research by HHS' National Institute on Aging, the Centers for Disease Control and Prevention, and the Agency for Healthcare Research and Quality to design and deliver prevention programs at the community level. Other partners involved in the initiative are The John A. Hartford Foundation, The Robert Wood Johnson Foundation, The Horizon Foundation, and The National Council on the Aging.

A total of 9 grants are being awarded to the following local organizations: Philadelphia Corporation for the Aging, Philadelphia, PA; Senior Services of Albany, Albany, NY; North Central Area Agency on Aging, Hartford, CT; Southern Maine Area Agency on Aging, Scarborough, ME; Alamo Area Council of Governments, Antonio, TX; Little Havana Activity and Nutrition Center, Miami, FL; Partners in Care, Burbank, CA; Los Angeles, City Department on Aging, Los Angeles, CA, and; Neighborhood Centers, Harris County, TX. Each project

involves a local partnership of aging services providers, area agencies on aging, health care providers and a research organization.

In addition to the local projects, AoA is awarding a grant to The National Council on the Aging to establish a National Technical Assistance Center on Prevention for the Elderly to assist local organizations in developing evidence-based prevention activities. The John A. Hartford Foundation and The Robert Wood Johnson Foundation are also providing resources for work in this area.

"We are very proud to be partners with AoA in this effort to increase the capacity of the aging services network to provide high quality, evidence-based services to older Americans," explains Corinne H. Rieder, Ed.D., Executive Director of The John A. Hartford Foundation. "AoA's investment in these local projects and the National Council on the Aging reinforces the Foundation's commitment to this effort."

"This partnership can enhance the quality of life for older Americans," said Risa Lavizzo-Mourey, M.D., M.B.A., President and CEO of The Robert Wood Johnson Foundation.

"Americans are living longer than ever, and by bringing proven programs to organizations that serve older adults, we can improve health and help people get the most out of life."

The Horizon Foundation of Howard County, Maryland will be funding an additional local project as part of this national initiative. "The Horizon Foundation is excited about this opportunity to make Howard County a national model in support of older adults who want to age-in-place," explains Richard Krieg, President and CEO of the Horizon Foundation. "We hope our investment in this partnership not only enhances the quality of life for older people in Howard County, but encourages other community foundations across our nation to play a leadership role in helping their communities to put research into practice for our older citizens."

For more information on the Evidence-Based Prevention Program for the Elderly please visit the Administration on Aging web site at <a href="http://www.aoa.gov">http://www.aoa.gov</a>.

#### EVIDENCE-BASED PREVENTION PROGRAM FY 2003 AWARDEES AND PARTNERS SUBJECT AREA CITY/STATE GRANTEE / LOCAL PARTNERS **AWARD** Disease Self-Philadelphia Corp. for the Aging. Partners: Philadelphia, PA \$180,000 Management Center in the Park, Albert Einstein Healthcare Network, Jefferson College of Health Professions. Disease Self-Albany, NY Senior Services of Albany. Partners: Albany \$125,000 County Dept. for Aging, HealthNow, Univ. Management of Albany's School of Public Health. Northeast Health. Hartford, CT Falls Prevention North Central Area Agency on Aging. \$220,000 Partners: Hartford area senior centers Connecticut Hospital Association, University of Connecticut Health Center. Falls Prevention Southern Maine Area Agency on Aging. Scarborough, \$125,000 Partners: ME Partnership for Healthy Aging, ME ME State Housing Authority, Univ. of So. ME, ME Medical Center, City of Portland. Nutrition Alamo Area Council of Governments. Antonio, TX \$200,000 Partners: San Antonio Dept. of Community Initiatives, Texas Diabetes Institute, Our Lady of the Lake University, OASIS. Nutrition Little Havana Activity and Nutrition Center. Miami, FL \$200,000 Partners: Alliance for Aging, Miami-Dade County Public Health Department, National Alliance for Hispanic Health. Medication Partners in Care. Partners: Senior Centers of Burbank, CA \$200,000 the City of Los Angeles, Multi-Purpose Management Senior Services Program, University of Southern California School of Pharmacy, California State University Bakersfield. **Physical Activity** Los Angeles City Dept. on Aging. OASIS, Los Angeles, CA \$125,000 Delta Sigma Theta Center for Life Development, Jewish Family Services, Tenet California Medical Center, St. Louis University Prevention Research Center. Physical Activity Neighborhood Centers. Partners: Harris Harris County, \$200,000 County AAA, St. Joseph Hospital, TX University of Houston, Texas Southern University. National Council on the Aging. Partners: National Technical Washington, DC \$500,000

Assistance Center	Healthy Aging Research Network of CDC's	
	Prevention Research Centers, UCLA's	
	Geriatric Medicine and Gerontology	
	Program, RWJF Aging Blueprint Office.	

### **EVIDENCE-BASED PREVENTION PROGRAM**

### **FY 2003 AWARDEES AND PARTNERS**

#### **Addendum to Press Release**

Projects Funded After the Original Press Release				
SUBJECT AREA	GRANTEE / LOCAL PARTNERS	CITY/STATE	AWARD	
Disease Self- Management	Elders in Action. Partners: Multnomah County Aging and Disability Services (AAA), Oregon Research Institute, Providence Center on Aging	Portland, OR	\$125,000	
Disease Self- Management	Sheltering Arms Senior Services. Partners: Baylor College of Medicine, Houston Center for Quality Care and Utilization Studies, Harris County Area Agency on Aging, Consumer Advisory Council of <i>Care for Elders</i>	Houston, TX	\$125,000	
Disease Self- Management	Area Agency on Aging of Western Michigan. Partners: Grand Valley State University, four Community Aging Services Providers, Priority Health Managed Care Organization	Grand Rapids, MI	\$125,000	

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